



## *Custom Select Menu Options for the Week of September 16-20*

*(Personal Chef Delivery September 19/18)*

### *Grandma's Stuffed Peppers (GF/\*P/\*K)*

*Bell pepper cups stuffed with a super flavorful and veggie packed ground turkey and quinoa mix topped with melty mozzarella cheese. Served with broccoli on a bed of Mama's Marinara*

### *Sweet Potato 'Nachos' (GF/DF/\*P)*

*Roasted Sweet Potato coins topped with a hearty helping of Chef's Super Spice ground beef, tomatoes, olives, onions, and Cashew Cream for a great finish (\*nuts)*

### *Chicken Bacon Roulade (GF/\*P)*

*Chicken Breasts stuffed with naturally sweet caramelized onions and bacon, sliced thin and served over Creamy or Sweet Mash with Roasted Veggies*

### *Creole Chicken (GF/\*P)*

*Chunks of tender chicken in a classic Creole sauce flavored with Andouille sausage, onions, peppers, and a delicate touch of saffron served with a mixture of Rice with cauliflower, coconut, and pistachios*

### *Herb Roasted Drumsticks (LF/GF/\*P/\*W30/\*K)*

*Fabulously tasty and tender Chicken Drumsticks seasoned with a bounty of herbs, roasted fall-apart tender and served with Potato Wedges and Roasted Veggies*

### *Sunny Bacon Burger Bowl (GF/\*K)*

*A juicy and tender burger 'bowl' filled with melty cheddar cheese, crisp bacon, and a sunny side up egg, served over 'smashed spuds' with a hint of Marinara for a boost of flavor and fresh Chef's Choice Veggies*

### *'What a Jerk' Chicken with Mango Salsa*

*Tender marinated chicken with a perfectly balanced jerk sauce, roasted golden and topped with mango salsa served over fluffy rice*



Beef and Roasted Veggie Enchiladas (GF)

*Tender corn tortillas stuffed with heartily seasoned beef, flavorful Roasted Veggies, and cheddar cheese baked and served on a bed of House Enchilada Sauce, all topped with a little more cheese*

Roasted Veggie Enchiladas (VEG/GF)

*Corn Tortillas loaded with fabulously seasoned Roasted Veggies, corn, zucchini, summer squash, and cheese all sauced up with our House Enchilada Sauce, topped with a little more cheese and baked golden brown*

**Dietary/ Ordering Notes**

GF=Gluten Free / DF=Dairy Free / VEG=Vegetarian / VGN=Vegan

\*P=Paleo OR can be made Paleo / \*K=Can be made Keto

(PCS ONLY) Not available for Catering / (Keto ONLY) Only available as Keto

~Please note that Keto and Paleo Options may not work for Catering~  
(due to necessary changes to make the recipes fit the dietary guidelines)

(Please note: descriptions are geared toward **Personal Chef** Presentation; **Catering** details may vary slightly)

